LIFE HEALTHCARE GROUP HOLDINGS LIMITED Incorporated in the Republic of South Africa Registration number: 2003/002733/06 ISIN: ZAE000145892 Share Code: LHC ("Life Healthcare" or "the Company")

TRADING STATEMENT

Further to the trading statement released on the Stock Exchange News Service of the JSE Limited on 12 May 2014 as part of the interim results announcement, shareholders are advised that Life Healthcare's earnings per share ("EPS") for the year ended 30 September 2014 will be between 260cps and 270cps, a growth of between 57% to 63% above the restated earnings per share for 2013 of 164.8cps.

This increase is largely due to the profit arising on Life Healthcare's disinvestment of its 49.3% shareholding in Joint Medical Holdings Limited in February 2014.

Headline earnings per share ("HEPS") for the year ended 30 September 2014 will be between 170cps to 180cps, a growth of between 3% to 9% above the restated headline earnings per share of 164.8cps.

The directors believe that normalised earnings per share from continuing operations best reflect the performance of the Company and expect that normalised earnings per share* will be 8% to 14% greater than those reported in the comparative period.

*Excludes profit/loss on disposals of businesses as well as excluding non-trading related items and the effect of discontinued businesses. The discontinued businesses contributed 11.5cps in 2013 compared to 5.2cps in 2014.

The Group has applied IAS 19 retrospectively in accordance with the transitional provisions of the standard. The surplus on postretirement benefits will now be recognised in other comprehensive income (OCI) and no longer through the statement of comprehensive income. The result of this is that the EPS and HEPS for the comparative period have been restated to 164.8cps and 164.8cps from 169.7cps and 169.7cps, respectively.

The financial information on which this trading update is based has not been reviewed and reported on by the Company's external auditors.

The Company expects to release its annual financial results for the year ended 30 September 2014 on SENS on or about 14 November 2014. Illovo 27 October 2014

Sponsor RAND MERCHANT BANK (A division of FirstRand Bank Limited)